FREE TRAINING SURVIVE & THRIVE

This **two-day** course will equip you to manage the huge stressors unique to Public Safety as well as allow time for a deeper dive into critical issues such as depression, sleep, self-medicating, and PTSD.

1ST SESSION

APRIL 23-24

Birmingham

2ND SESSION

JUNE 30- JULY 1

TBD

8:00 A.M. - 5:00 P.M.

REGISTER TODAY!

16 HOURS CEUS



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